



## FEBRUARY IS LOOKING UP !

This month sees the days getting longer and Nature lovers looking forward to getting outside to watch Nature at its most optimistic time. Bees are waiting for the first buds to provide early pollen so they can begin rearing brood, and birds start to sing and court each other. February 14th is the feast of St. Valentine, when lovers exchange notes and tokens of love. It is also the start of National Nestbox Week.

### VAT INCREASE HELD OFF FOR PROPOLIS

Thank you to everyone who has supplied us with an email address. This is helping the environment and keeping costs down- and if we can persuade enough of you to receive the newsletters by email we may be able to absorb the 2.5% VAT increase on Propolis for some time to come!



### 10% OFF THIS MONTH ONLY

To help you look forward to Spring and celebrate all the positive things February has to offer, we are offering

exclusive savings of 10% on a selection of lines until 28/02/2010.

### 14-20th FEBRUARY is NATIONAL NESTBOX WEEK-

Encouraging everyone to put up nest boxes promoting bio-diversity and the conservation of native birds. We all need to do this, if we can, as many natural nest sites- such as holes in trees and buildings are disappearing fast. A nest box in your garden can really help compensate for this and protect our native birds.



### FOR NATURE LOVERS

**"The Birds In Your Garden" RSPB Book** now £2.70

**Birds Nest Boxes** from £4.50 (to farm visitors only)

**Keep Hayfever at Bay with Pollen - start now!**

Pollen also helps fertility, absorption of iron and promotes healthy growth in Children - now £3.20

**Beeswax, Honey & Peppermint Lip Balm** keep lips moisturised & protected from the cold - plus tastes nice when you get those Valentines kisses ! Handy pocket size -so you can keep it in your coat - Now £1.40



### VALENTINES GIFTS

#### **Lovers' Knot**

Corn Dolly, an ancient Symbol of love and friendship- now £2.25

#### **SWEETS FOR YOUR SWEET**

**Home made on the farm**

Honey Trekkers, Honey Bubble Crunch, Honey Chocolate Icing Fudge all now £1.80

Honeymoon Delight- now £2.48

#### **HONEY FOR YOUR HONEY**

**Delicious & Healthy** Our Honey Plus range - now £3.59 and £7.18

[www.flynnsbefarm.co.uk](http://www.flynnsbefarm.co.uk) Tel: 01795 874935  
Feb opening times : Mon - Sat 9-4 Closed Sun