

# Beauty Spots

For all your health, fitness, fashion & beauty needs

## Bee-glue power has stuck around for centuries

IN THE depths of the Sheppey countryside lies a secret concerning the healing powers of bees!

Flynns Bee Farm is not only at the forefront of providing organic remedies but is home to a family legend.

When Bill Flynn retired as a bee farmer, he stumbled upon communist research into medicine from beehives.

The power of propolis or "bee glue" was known to ancient Greeks and Egyptians but unknown to most of the Western world. But Bill discovered it and gave it to his wife Iris's arthritic daughter.

News of her improvement crossed the world and letters poured in

### ADVERTISING FEATURE

begging to buy the natural medicine.

Bill continued to reveal scientific proof of antiseptic and antibiotics in resin, which our body can use to raise immunity and repair conditions like arthritis and skin complaints.

Apart from this scientific prestige, what adds to the uniqueness of the farm — now run by the couple's granddaughter Sudi Austin — is the beautiful grassland where it nestles. The farm stretches to the marshes of Elmley bird reserve and is worth a visit for its scenery.

Flynns can be found on Elmley Road, Minster. For more information call 01795 874935.



Proud: Sudi Austin with raw propolis and the packaged product.