



# FLYNN'S BEE FARMS LIMITED

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## GARLIC IS GOOD FOR YOU...AND YOU....AND YOU!

Dear friends

We hope this news letter finds you well. We would like to tell you about our H-Long tablets, designed by Vitacare. As most of you know already, garlic is well known for its antibacterial properties. Many studies and trials from around the world have proven that it helps prevent bacterial infection, thus it is good for everyone to take, to boost your immune system.

Garlic also maintains a healthy blood circulation and heart. It also helps keep cholesterol levels low. The antibacterial effects of garlic were first scientifically proven in 1858, by Louis Pasteur, during an outbreak of infectious fever. The English priests, visiting the sick, were noted to have caught the infection, whilst French priests, in the same diseased environment, remained healthy. This was attributed to the fact that they ate garlic at every meal, which fought off the infection.

The most important compound in garlic is known as Allicin, and it is the substance that gives off the pungent odour when a garlic bulb is crushed. Our H-Long tablets have been designed using the latest technology in health supplement production. Whilst they contain the equivalent amount of allicin as 1.5 grams of fresh garlic, they are designed to be odour free, and gradually release into the body, so you get a constant 24 hour supply, with just one tablet a day. Other preparations of garlic are not as good as our H-Long tablets, because they do not contain as much allicin, and they are not designed to dissolve slowly into the digestive system.

The best thing about garlic, is that it benefits everyone regardless of age or health. Tests have been conducted, whereby healthy volunteers showed a 15% reduction in cholesterol levels by taking garlic supplements. Greek scientists also discovered that garlic may possess antioxidant properties, which means that it can help clear toxins from the body. Garlic is particularly recommended for those who need to take care of their heart and blood circulation, and it is also recommended for people who need to reduce their cholesterol levels, particularly those who are over weight. Generally, garlic is good for everyone, as it has preventative qualities which aid the immune system.

Vitacare H-Long has recently been chosen by a top Danish consumer magazine as the best garlic supplement available. Danish research shows the H-Long 600mg, are double the strength of Kwai 1-a-day garlic tablets, and six times stronger than the Kwai's smaller dose tablets.